



January 2022 Newsletter

Thank you to everyone who has supported the successful launch of Wonderologie LLC. I couldn't have done it without you all! I'm looking to make 2022 even more engaging! Please reach out to me if you need anything!

Updates

- If your superbill ever has an error, please contact your clinician asap, we can fix it!
- There is now a "Reserved Parking" sign in the lot to help you identify where to park.
- We are still following COVID protocols including mask wearing and using hand sanitizer. Please reach out to us if you need to reschedule an appointment for illness symptoms.
- All clinicians are available for telehealth sessions.
- Our adult clinician Tonia Gregory LCSW still has a few sessions available on Monday and Tuesday during the day. Email tonia@wonderologie.com to inquire.

Help us welcome Wonderologie's newest therapist!



Tonia Gregory MSW, LCSW, LCISW

Tonia earned her Master of Social Work degree from the Graduate School of Social Service at Fordham University. She is currently licensed in both Virginia and Washington, D.C. and has previously been licensed in New York, Illinois and California.

Her background includes a variety of inpatient and outpatient clinical settings. Her specialty areas include depression, anxiety disorders, alcohol and substance use, intimate partner violence, trauma, relationship challenges, adjustment to chronic illness and psychosocial aspects of solid organ transplantation.

You can read more about Tonia on our website at <https://wonderologie.com/about/>

Have you ever wondered what the most popular items in the office are? I've linked a few here that would be great holiday gifts. Feel free to share with anyone you know!

Gift Guide

Giant Stress Ball



Crazy Aarons Putty



Kimochi Feelings Toy:



How to follow us on instagram:

1. Click on the magnifying glass at the bottom of the screen
2. Search for "wonderologie" -when you find our logo, click on that profile
3. Hit the blue follow button

Now you're all set to see our updates!

Tid Bits:

DelRay Business
Association Wellness
District Blog

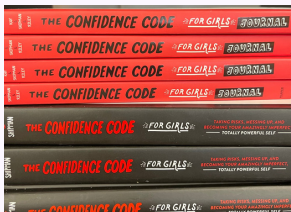


Learn about DelRay
and it's small
businesses in this WETA
video

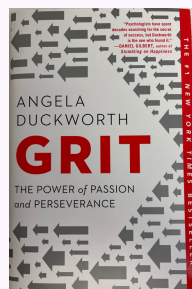


Favorite Authors/Experts:

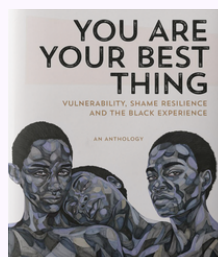
The confidence
code for girls



Angela Duckworth



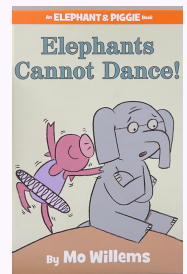
Brené Brown



Karen Young



Mo Willems



Ashley, Tonia, Emma (our new office assistant) and I all wish you a wonderful new year!